



Pregnancy and Counselling

You are

- ◆ Pregnant or are planning pregnancy and have many questions.
- ◆ A single parent and need support.
- ◆ In a conflict situation due to an unplanned pregnancy and are considering a termination of pregnancy (abortion).
- ◆ Looking for a suitable contraceptive method and seek information.

We are ...

- ◆ A team of four social workers and one administrative assistant.
- ◆ A team fluent in English, French, and Dutch. Interpreter services can be arranged for other languages.
- ◆ We treat all cases with strict confidentiality.

We can offer you ...

- ◆ Non-denominational, neutral advice free of charge, if requested anonymously.
- ◆ Individual talks / talks with partners for women, men and young people.
- ◆ Workshops in schools and other institutions / information events.

We are specialised in the following areas:

Pregnancy

- ◆ Advice in questions about pregnancy and birth.
- ◆ Information on legislation.
- ◆ Assistance in conflict situations.
- ◆ Help in receiving assistance from other institutions, in particular applying for financial help from the Landesstiftung „Hilfe für Mutter und Kind“ (Trust Fund „Assistance to Mother and Child“).

Pregnancy Conflict

- ◆ Advice and counselling according to Article 219 StGB with certificate.
- ◆ Advice and guidance in case of difficulties with partners or family.
- ◆ Psychosocial advice after an interruption of pregnancy.

Sexuality

- ◆ Individual and group consultation for groups on subjects such as love, relationship and sexuality.
- ◆ Methods of contraception.

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You can phone our office
Monday – Friday 9.00 – 12.00 hrs.
Monday – Thursday 13.00 – 16.00 hrs.

You can get to our office by public transport
U/S-Bahn, stop Hauptbahnhof (central station)
tram: 18/19, stop Hermann-Linggstraße