



## Advice

Dear cycle tourists,  
Please note the following guidelines:

The **green and white signs** will help you find your way; please make sure to only cycle on marked cycle paths

All **time and kilometre distances specified** for routes are estimated values, and may deviate from your own calculations despite careful researching of the routes

**Bicycles may be brought onto U-Bahn (underground) and S-Bahn (suburban railway) services**, subject to purchase of a suitable ticket and validation of a bicycle day ticket (currently priced at €3.00). Please note that bicycles may not be carried on public transportation during rush hours: Monday to Friday 6:00 am-9:00 am and 4:00 pm-6:00 pm



Photo: Radlhauptstadt München

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No liability is accepted for the accuracy of this information.

Subject to amendments

## Our services

**München Tourismus offers a wide range of personalised and multilingual services for everyone visiting Munich for its wealth of leisure, art and cultural attractions, as well as many opportunities for relaxation and enjoyment in typical Munich style.**

### Services

- Information about Munich
- Independent, helpful and multilingual advice
- Accommodation service
- Range of city tours, trips to surrounding areas, and outings to Bavarian castles and lakes
- Sale of city guides and souvenirs

### Tourist information locations



**Hauptbahnhof (main train station),**  
on Bahnhofplatz

**Mon-Sat** 9:00 am – 8:00 pm  
**Sun** 10:00 am – 6:00 pm

**Marienplatz,**  
in the Neue Rathaus (New Town Hall)

**Mon-Fri** 9:30 am – 7:30 pm  
**Sat** 9:00 am – 4:00 pm  
**Sun** 10:00 am – 2:00 pm

*Opening hours are seasonal and subject to change*



or

**Tel.** +49 89 233-96 500  
**Email:** [tourismus.gs@muenchen.de](mailto:tourismus.gs@muenchen.de)  
**Mon-Fri** 9:00 am-5:00 pm



4 pleasure tours by bike in the Munich metropolitan area

# simply on the move

Tips for cycling in Munich

[www.simply-munich.com](http://www.simply-munich.com)

simply   
**MUNICH**

## Highlights tour



**Route length: approx. 7 km**

**Duration: approx. 1 hour**

Cycling tour taking in Munich city centre attractions: Old town, Englischer Garten, Isar upriver, Deutsches Museum, Isartor, Alter Hof and back to Marienplatz.

Beginning at **1 Marienplatz**, cycle through the **archway of the Altes Rathaus**, immediately turning right towards the **Viktualienmarkt**. Then, cycle past **Heiligeist Church** (left) and **Metzgerzeile** (Butchers' Row) (right) and along the market. After around 250 metres, turn left onto **Prälat-Zistl-Straße** to pass the Schrammehalle market hall (left). Then you need to dismount and push your bike across **Sebastiansplatz**, which is located opposite the market hall, until you reach **2 St.-Jakobs-Platz** where the Synagogue and Stadtmuseum are.

**TIP:** "Typically Munich!" exhibition in the Stadtmuseum.

From **ORAG-Haus**, on the left-hand side of the square, turn right towards the **Oberanger** theatre. After the zebra crossing, turn right into **Rosental** and cycle as far as the Viktualienmarkt. Here, turn left and cycle along **Viktualienmarkt Straße** again until you reach the **Tal**. Cross this road and cycle straight down **Sparkassenstraße**, before turning left onto **Pfisterstraße**. From there, take the first road on the right (**Hofgraben**) and follow it to **Maximilianstraße**, which you will cross. Then, turn left and cycle around **3 Max-Joseph-Platz**. The main attractions on this square are the **National Theatre** on the east side and the **4 Residenz** palace towards the north. Keep to the right as you cycle along **Residenzstraße** and on to **5 Odeonsplatz**. In this square you can see the Baroque-style **Theatinerkirche** and the **Feldherrnhalle**, built in the Classical style.

At the end of the **Residenz building**, turn right and head through the **archway into the 6 Hofgarten** (Court Garden).

**TIP:** Dancers from the swing, salsa and tango scenes meet at **Hofgarten temple**.



Munich City Centre

This runs along the **north side of the Residenz**. Turn right **just before the Staatskanzlei** (State Chancellery), and follow the path straight ahead until you reach the brick **arcade wall**. Then cycle downhill and left, through the underpass and into the **Englischer Garten**. After about 70 metres, head right over the **second bridge**, across the Köglmühlbach and the **Haus der Kunst** car park. Turn right after the building and cycle as far as **7 Eisbachbrücke** on Prinzregentenstraße. From here, you can watch the Eisbach surfers in action.

On **Prinzregentenstraße** you will dismount and push your bike a short distance, to the traffic lights on **Lerchenfeldstraße**, and then **across Prinzregentenstraße**.

**8 TIP:** Bayerisches Nationalmuseum (Bavarian National Museum)

Cycle **towards the Isar River as far as Luitpoldbrücke**, with its view of the **9 Friedensengel** (Angel of Peace) monument.

After **crossing Widenmayerstraße**, cycle directly onto the **cycle path** beside the **Isar River, heading south**, and cross **Maximilianstraße**. The **10 Maximilianeum** can be seen on top of the hill, to the left.

Next, cycle approximately 20 metres further along **Steinsdorfstraße** before **crossing the Praterwehrbrücke** on the left, heading right after the bridge, and along the **Praterinsel** to the corner of **Mariannenbrücke/Kabelsteg**. Cycle left across the **Kabelsteg**, turn right into **Zellstraße** and pass **Muffathalle**,

with the **Muffatwerk beer garden**, continuing up the hill to Rosenheimer Straße. Munich's **11 "Gasteig"** cultural centre, home to the Munich Philharmonic Orchestra, can be seen up to the left.

**12 TIP:** Müller'sches Volksbad pool, built in the art nouveau style

At Rosenheimer Straße, turn right and cycle across **Ludwigsbrücke**.

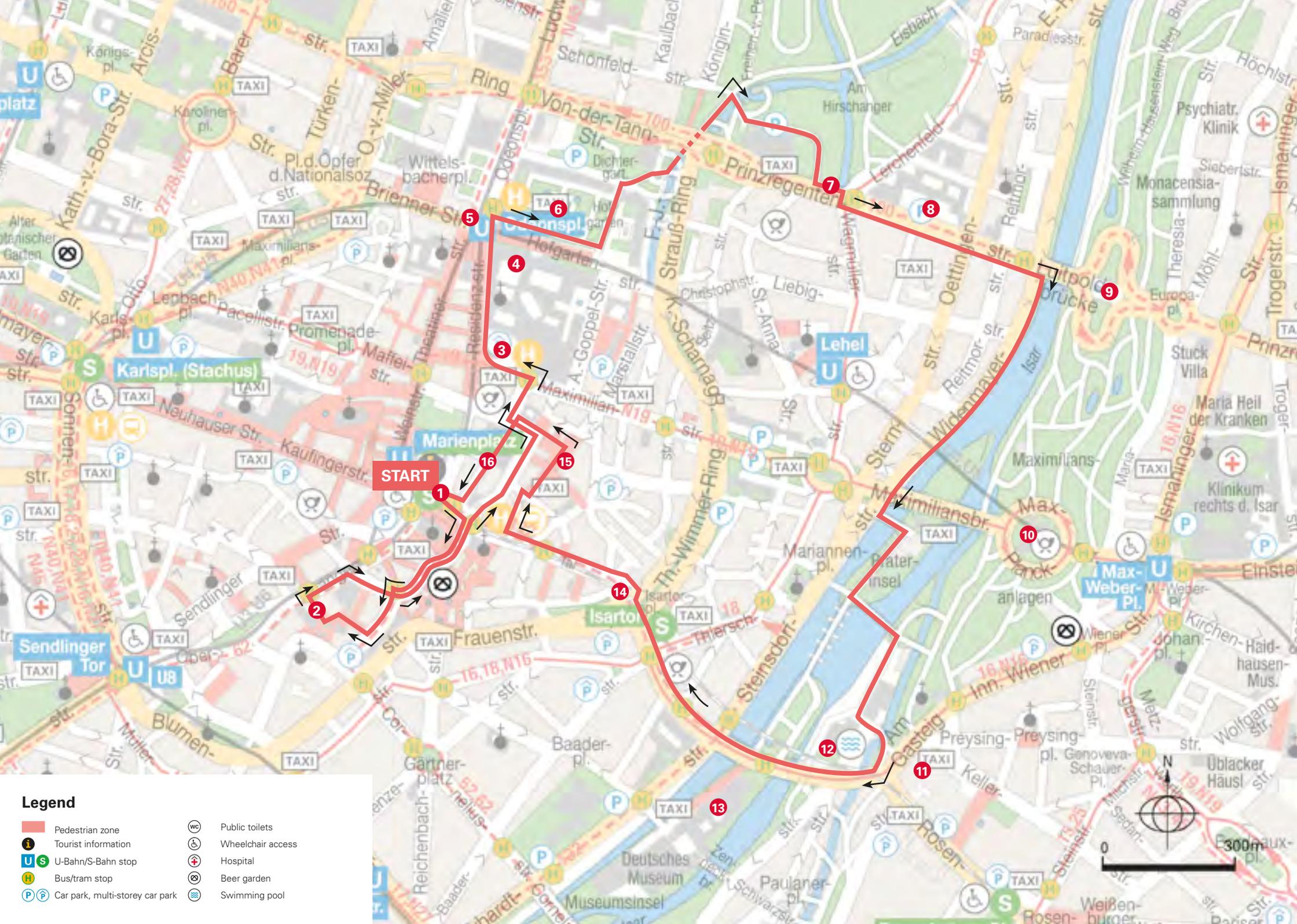
The **13 Deutsches Museum** can be seen on Isarinsel, the island to the left. You then cycle straight on into **Zweibrückenstraße**, passing **14 Isartor** as you head into the **Tal**. Turn right after the **Schneider Bräuhaus**, onto **Maderbräustraße**, then right again onto **Ledererstraße** and then left onto **Orlandostraße**. Pass the souvenir shops on foot, **pushing your bike** as far as the **15 Hofbräuhaus am Platzl**.



Unique surfing hotspot at Eisbachbrücke

**TIP:** Hofbräuhaus beer garden

**Keep walking**, heading along **Platzlgasse** until it opens into Pfisterstraße on the left. Once you reach **Sparkassenstraße** you can get back in the saddle and cycle along the street, then turn left towards the **16 Alter Hof**. Cross the **courtyard of the former royal residence**, then cycle onto **Burgstraße** at the other end. This leads directly on to **Marienplatz**, bringing you back to your starting point.



### Legend

- Pedestrian zone
- Tourist information
- U-Bahn/S-Bahn stop
- Bus/tram stop
- Car park, multi-storey car park
- Public toilets
- Wheelchair access
- Hospital
- Beer garden
- Swimming pool

## Grand city tour



**Route length: approx. 23.5 km**

**Duration: approx. 3 hours**

From the centre of the old town to the Kunstareal art district, and on to the former summer residence of the Wittelsbach family, along the Biedersteiner Canal, to the Olympic Park and back across Leopoldstraße .

This tour starts on **1 Marienplatz**, which is dominated by the **Neues Rathaus** with its Glockenspiel, the Mariensäule and the **Altes Rathaus**.

Continue through **Dienerstraße and Residenzstraße**, past **2 Max-Joseph-Platz**, site of the National Theatre and the Residenz, then on to **3 Odeonsplatz**.



*The colourful ceramic façade of the Brandhorst museum.*

Turn left here, onto **Briener Straße**, and cycle as far as **Karolinenplatz**, which has an obelisk in the middle.

Then turn down the first street on the right, **Barer Straße**, and you'll find yourself in the very centre of Munich's **Kunstareal** art district. Head right onto **Gabelsberger Straße**, passing by the **4 Pinakothek der Moderne** (Pinakothek of Modern Art). Turn left, cycling onto **Türkenstraße** and past the **5 Brandhorst Museum**, before turning left again onto Theresienstraße. Crossing Barer Straße, then cycle past the **6 Neue Pinakothek** and the **Alte Pinakothek**.



*In front of Schloss Nymphenburg*

As you turn left onto **Arcisstraße** and cross Gabelsberger Straße, you will see the **7 Staatliches Museum Ägyptischer Kunst** (State Museum of Egyptian Art) on the left, as well as the **University of Television and Film**, housed in the same buildings complex. The **8 NS Dokumentationszentrum** (Munich Documentation Centre for the History of National Socialism) is located a little further on, also on the left. When you get to **9 Königsplatz**, turn right and make for the **Propylaea gate**, flanked by the **Glyptothek** museum (right) and the **Antikensammlung** (left). Cycle straight on again; you will see the **10 Städtische Galerie im Lenbachhaus** art gallery on the right, behind the Propylaea gate.

Continue to **Stiglmaierplatz**. Passing the Löwenbräukeller, cycle along **Nymphenburger Straße** and cross the **Mittleren Ring/Landshuter Allee** to get to **Rotkreuzplatz**. After about 500 metres, bear right onto **Waisenhausstraße**. After another



*Olympic Park*

500 metres, head left onto **Nördliche Auffahrtsallee**, along the canal and through the gardens to **11 Schloss Nymphenburg**. From the palace, **cycle back** along the canal for a short stretch, then turn left onto **Menzinger Straße**. After around 300 metres, cross the **Biedersteiner Canal** and turn right onto **Kuglmüllerstraße**. From there, follow the **signs for 12 Olympiapark** to ride across the large park complex which hosted the 1972 Olympic Summer Games, and which is still used today.

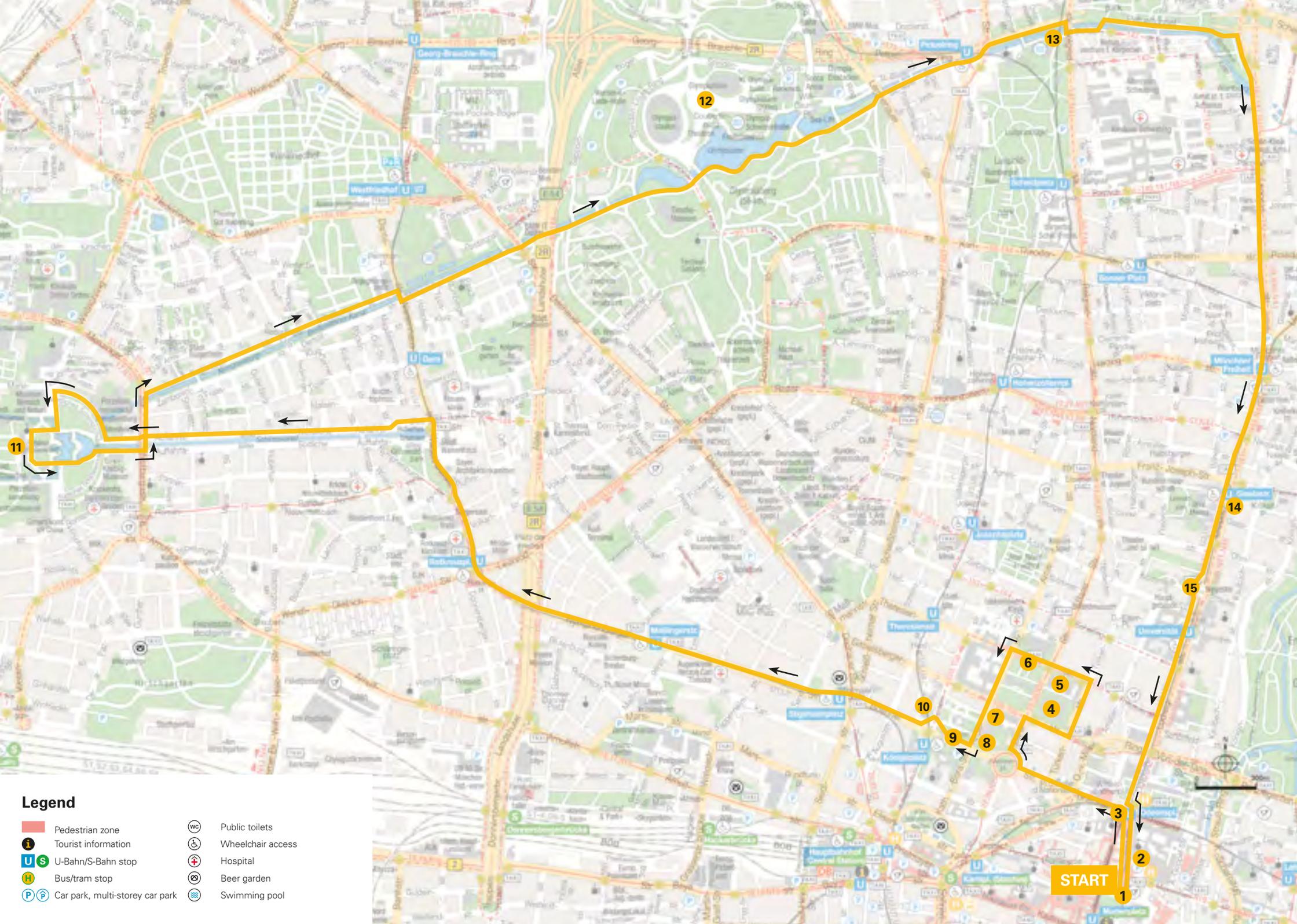


*"Walking Man" on Leopoldstraße*

**TIP:** Take a detour to visit **BMW Welt** and the **BMW Museum**. Continue along the **Biedersteiner Canal** towards **13 Petuel-park** and then on to Leopoldstraße. From here, turn right **towards the city centre** (Innenstadt).

**TIP:** Take a detour to visit the artists' quarter of **Schwabing**: **Art nouveau buildings** at **Münchner Freiheit**, **14 "Walking Man"** sculpture on the left.

Cycle along **Ludwigstraße**, past **15 Siegestor** and **Ludwig-Maximilians-Universität** on **Geschwister-Scholl-Platz** and back to **Odeonsplatz** and **Marienplatz**.



**Legend**

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- Wheelchair access
- Hospital
- Beer garden
- Swimming pool

**START**

## “English” tour



**Route length: approx. 15 km**  
**Duration: approx. 2 hours**

A pleasant cycling tour down the Isar River to the Aumeister beer garden and through the Englischer Garten back to Marienplatz.

This tour begins under the arch of the **Altes Rathaus** on **1 Marienplatz**.

Head through the **Tal to Isartor**, and then straight on and across **2 Ludwigsbrücke**. The **Deutsches Museum** can be seen on one of the Isar River islands on the right hand side. **Turn sharply round to the right after crossing the river, then under the bridge** and straight on, **following the Isar River cycling route** downriver and passing the **Müller'sches Volksbad pool**.

You can see the **3 Maximilianeum**, seat of the Bavarian state parliament, and the **4 Friedensengel** monument on the right. Continue through **Herzogpark** and on to **5 Oberföhring weir on the Isar River**. At the weir, cycle right and continue out of the city along the central Isar canal, until you reach the wooden **6 St. Emmeram bridge**.

Cross the bridge and head through the **Englischer Garten**, following signs for **“Aumeister”**. Cycle along the Schwabinger



Englischer Garten with Monopteros temple

Bach stream and then to **Kleinhesseloher See**, passing the Isarring on the way. Follow signs for the **7 Chinesischen Turm** (Chinese Tower). You might like to take a detour to visit the Hirschau beer garden and the Seehaus (lake house) by **Kleinhesseloher See**.



View of the Müllersches Volksbad from Ludwigsbrücke

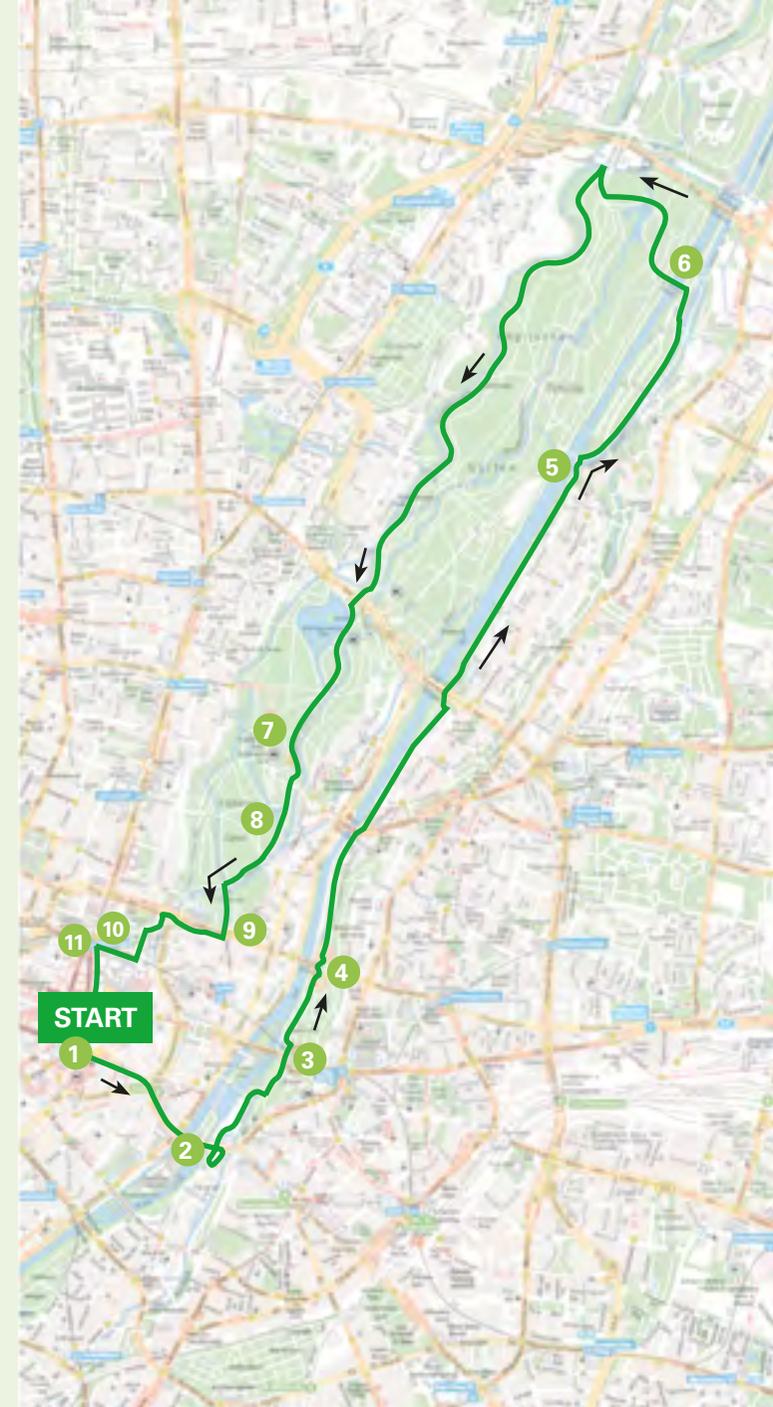
**TIP:** The **8 Monopteros** offers a view of the Old Town skyline.

The cycle path will take you towards the city centre. After around 500 metres, just before **Eisbachbrücke**, take a left and follow the narrow cycle path that runs parallel to the stream.

At the end of the park, turn right onto **Prinzregentenstraße**. The bridge offers the best view of the river surfers on the **9 Eisbachwelle** (Eisbach wave). Continue along Prinzregentenstraße past the Haus der Kunst art gallery and on to the **corner of Königinstraße**. Here, cross at the pedestrian crossing and head along the cycle path to **10 Hofgarten**, with **Hofgarten Temple** at its centre.

Then cycle along **Hofgartenstraße** to **11 Odeonsplatz**. From there, head left onto **Residenzstraße** and go straight on until you arrive back at **Marienplatz**.

**TIP:** Touch the noses of the lions' at the entrance to the Residenz for good luck!



## Isar River tour



Route length: approx. 18 km

Duration: approx. 2 hours 30 minutes

A relaxed cycling tour with one short, steep incline. From the city centre, this tour goes upriver along the Isar River to Großhesseloher Bridge, past Hinterbrühl nature park, Floßlände (raft landing stages) and Flaucher park and through the Gärtnerplatz district and Viktualienmarkt, back to Marienplatz.

The Isar River tour starts on **1 Marienplatz** at the archway of the **Altes Rathaus**. Cycle through the arch and along the **Tal** to **2 Isartor**, then continue straight on and over **Ludwigsbrücke**. Immediately after the bridge, turn right and follow the **Isar River cycle path** (signposted Isarradweg) upriver and to the south. The **3 Deutsches Museum** can be seen on one of the Isar River islands to the right. You will then pass Museumsinsel (Museum Island) and head along the rewilded riverbank.

**TIP:** Around 150 metres before the Braunauer Eisenbahnbrücke, a flight of stone steps on the left leads to the **4 Städtischen Rosengarten** (State Rose Garden, free admission).

Passing through broad green spaces, you will soon reach **5 Tierpark Hellabrunn animal park**.

Just beyond the animal park a **walkway leads up to the high bank of the Isar River** on the left. You'll need to push your bike up the short but steep slope here, past the **Marienklaus chapel**. Continue along the **Isar River cycle path (Hochleite)** until you reach **Hofgut Menterschwaige**, with its beer garden. Cycle over the 31-metre-high **6 Großhesseloher bridge** and then freewheel **down the steep Höllerer Berg** to the Isar River. Cycle back **towards the city along the left of the Werkskanal**, following **signs marked "M-Wasserweg"**, until you reach the **Hinterbrühl beer garden**.

About 50 metres further along, cycle right and across the bridge and continue to follow the **M-Wasserweg** towards **Floßlände**. Turn left onto **Zentralländstraße** and, around 50 metres later, right onto **Benediktbeuerer Straße**.

**TIP: 7 Maria Einsiedel natural open-air swimming pool** (on the right, entry via Zentralländstraße)

Just before Maria-Einsiedel-Straße, take the **cycle path** on the right that leads **along Maria-Einsiedel-Bach**, then continue under **Thalkirchner Bridge** and ride along the **"Am Isarkanal"** cycle path towards Flaucher.

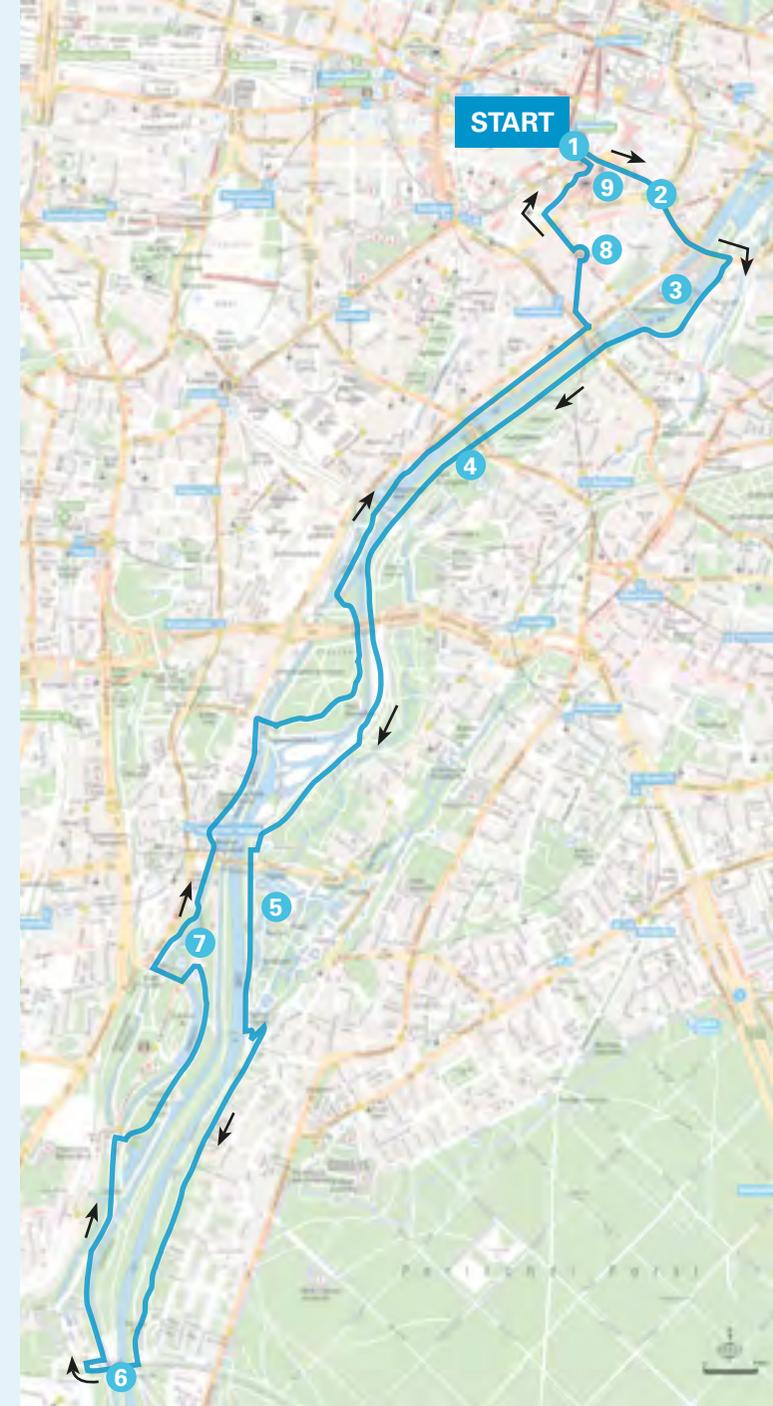
**TIP:** It's worth taking a detour on foot at **Wasserkraftwerk 2** (Hydroelectric power station 2) to the Isar River jetty, with views of the Sonneninseln (sun islands) and the gravel banks of the rewilded river.



On the Isar River

As you cycle further, follow the signs for the **"Zum Flaucher"** beer garden. You will need to cross **Schinderbrücke** bridge to get there. As you leave the beer garden, follow the marked path towards the city centre (Innenstadt). At **Reichenbachbrücke** bridge, turn left onto **Fraunhoferstraße**. After the U-Bahn stop, head right and through **Reichenbachstraße** to **8 Gärtnerplatz**.

There is a great view from the steps of the Staatstheater on Gärtnerplatz. Cycle around the square and then turn onto **Corneliusstraße**. Cross at the traffic lights on **Blumenstraße** and cycle along **Prälat-Zistl-Straße**, which forks right after about 20 metres. Pass the **Schrannehalle**, **9 Viktualienmarkt** and **Alte Peter church** as you return to your starting point.





# Bike Tours & Rentals

Do as the locals do ... hop on our bicycles for a bike tour through Munich – see the main attractions and the hidden spots of the “bike capital” Munich!

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Want to make a tour by bike with your friends? Or go shopping without having to find a parking space?

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- Theme tours
- Tasting and Culinary Tours
- Scavenger Hunts
- And many more ...

## OPENING HOURS AND HOW TO REACH US

Mon–Fri 9.30 am–6 pm, Sat (Apr.–Oct.) 9 am–2 pm

- By tram: Line 17, “Eduard-Schmid-Straße”
- By subway: Line 1/2, “Fraunhofer Straße”
- On Foot: 15 Minutes from City Center

Further information: [www.spurwechsel-muenchen.de](http://www.spurwechsel-muenchen.de)

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# RADIUS BIKES

IN MUNICH'S CENTRAL STATION (Hauptbahnhof)  
OPPOSITE TRACK/PLATFORM 32

## GUIDED BIKE TOURS

There is no more fun way to see Munich than by bike.

This is a relaxed and fun tour, and your guide is there to give you their inside knowledge, tips and advice.



- Munich's beautiful old town with Marienplatz and Frauenkirche
- The great royal centres of Residenz, Odeonsplatz, Hofgarten and Königsplatz
- Surfers in the Englischer Garten
- The famous Chinese Tower beer garden ... and much more

### Tour Times?

Summer: April 1st – Oct 15th

### Duration?

### Meeting Point?

daily at 10 am

approx. 3 hrs

Radius Bikerental

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[www.radiusbikes.com](http://www.radiusbikes.com) ☎ (089) 54 34 87 77 - 30



## Munich on three wheels

Hop on board, sit back, and enjoy: a **rickshaw tour** is a personalised, flexible and relaxed way to discover the city. The leisurely pace offers an unhurried opportunity for guests to take in all the detail of their surroundings. Longer routes are not a problem these days either, with the cab keeping guests protected against wind and weather, while staying close to the action. The rickshaw guides know Munich's history and sights like the back of their hand, and will be glad to answer all your questions – they're also well-informed about the hottest photo locations and where to grab the best espresso. Brief stops can be added at any point on the journey.

The “Certified Rickshaw Guides of the City of Munich” have **four tour routes** to select from, and which can also be combined:

- King Ludwig I. – the city builder and his “Athens on the Isar River” Meeting point: Odeonsplatz
- Munich – the capital of movement: National Socialism and resistance Meeting point: Odeonsplatz
- English Garden Tour Meeting point: Odeonsplatz
- Tour of the Old Town Meeting point: Altes Rathaus

### Rates

One hour:	65,00 Euro
90 minutes:	92,50 Euro
Two hours	120,00 Euro



### Information and booking

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